WELCOME TO WA-KE HATCHEE!

Everyone must have a general facility membership which is available for a one-time, lifetime fee of $10 per person. A facility membership for a family household can be purchased for a one time, lifetime fee of $25. All children under the age of 13 must be accompanied by an adult, unless registered in a program. A $5 day pass is available for visitors. General membership provides use of the game room and gymnasium during center hours. There is an additional fee for most programs and the weight room. Members are issued cards and are required to bring them to check in for each visit. Replacement cards cost $5.

The APRIL calendar for Wa-Ke Hatchee’s activities is included for your convenience. Be sure to check out each date in the calendar for special instructions pertaining to that day, such as gymnasium closures. While we do our best to limit gym closings and minimize schedule changes, from time to time it becomes necessary to change the schedule. Please feel free to call the Rec Center at (239) 432-2154 to verify the day’s activities.

CENTER HOURS

Monday-Thursday: 7 a.m.-9 p.m.
Friday: 7 a.m.-7 p.m.
Saturday & Sunday: 9 a.m.-5 p.m.

Come take advantage of our outside amenities!

- Woof-a-Hatchee Dog Park
- Tennis Courts
- Pickleball Courts
- Playground
- Walking trails
- Sand Volleyball

These are open from dawn to dusk daily. For more information contact the Recreation Center at (239) 432-2154.
CALLING ALL CAMP COUNSELORS!
SUMMER POSITIONS NOW AVAILABLE ONLINE!

Do you love working with kids? Are you looking for a fun, meaningful summer job? Then apply online at leeparks.org for any one of our summer camp locations. Minimum 2 years experience required; must be able to work entire length of camp.

Wa-Ke Hatchee Club Rec

Sign up for next school year starts May 16th! Space is limited.

Registration for both semesters will be available. Cost is $100/semester.

The school day is done. Time to join Club Rec. This program provides children an outlet to burn off the stress of the school day through organized games, activities, clubs, sports, crafts and home work time. Participants will learn the benefits of recreation, healthy lifestyles, teamwork and caring for/understanding the environment/nature. Club Rec expects children to participate in planned activities as well as maintain a steady attendance. Parents are advised that the structure of Club Rec allows participants to sign themselves in/out of the program. Club Rec is offered only on days when school is in session and that are not a County Holiday.

Ages 2nd grade to 14.

*Please note: Children must be members of the center before they may be registered for Club Rec. A username and password can be set up through the front desk for online registration after membership is acquired.
For their generous donation of $500.00 towards our Computer Lab update that will be used for afterschool students and Wa-Ke Hatchee’s summer camp program.
**Introduction to Wa-Ke Pickleball**

New to pickleball? Have questions about the sport? Come to the Intro to Pickleball, led by pickleball volunteers on a monthly basis, to answer any questions you may have about the fundamentals of the sport and how it is organized at Wa-Ke Hatchee Recreation Center. See the monthly facility calendar at the front desk for the next day and time this is offered.

**NEXT INTRO CLASS: April 6th @ 5:30-6:30 p.m.**

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**Pickleball 101**

Wa-Ke Hatchee Recreation Center will start hosting free monthly clinics designed to help beginners learn how to play pickleball. This clinic, held at the outdoor pickleball courts, will be led by volunteers and will address rules, object of the sport, scoring, different type of paddles and balls, etiquette, basic strokes, and basic strategies/technique. A maximum of 24 participants may sign up for this free clinic. See the monthly facility calendar at the front desk for the next clinic date and sign up sheet.

**NEXT CLINIC: April 23rd @ 4:00 p.m. (outside courts)**
Come Paint, Draw or Color with Me
Mondays 9:30 - 12 noon, Wa-Ke Hatchee Recreation Center, 16760 Bass Road, 33908 (Arts and Crafts Room)
Gayle Smock, is on hand to answer questions at our Share Club Art Social. Bring your art supplies and enjoy painting, drawing and coloring. Call 239-424-3765 with any questions.

Demystifying Dizziness
Monday, April 4, 10 a.m., Brookdale Bonita
Learn about the different causes and treatment for dizziness. Presented by Nathalie Grondin, PT

Skin Cancer Screening
Wednesday, April 6, 9-11 a.m., Wa-Ke Hatchee Recreation Center, 16760 Bass Road, 33908
Riverchase Dermatology will provide skin cancer screening for adults only. Please wear loose fitting clothing. Call 239-424-3765 for your reservations.

Essential Legal Documents 101
Thursday, April 7, 11 a.m., Lee Memorial Hospital Auditorium
Lance McKinney, with Osterhout & Mckinney,P.A., Elder Law Attorneys will go over the legal document everyone should have in place to protect their estate no matter how large or small.

How to Stay Safe and Independent with Phillip’s Lifeline/TeleHealth
Friday, April 8, 10 a.m., Cape Coral Hospital Auxiliary Conference Room
Lynn Dore, Lifeline coordinator, will introduce you to the variety of safety equipment Phillip’s Lifeline offers.

My Chart Demonstration
Friday, April 15th, 10 a.m., Cape Coral Hospital SHARE Club Computer lab
Lee Memorial Health System offers patients a secure, online way to access their medical records. Anywhere, anytime you can count on Lee Memorial Health System’s MyChart®. Our personalized, convenient, online services make it easy for you to:
  • View your health summary, medications, and most test results
  • Review, request, and cancel appointments
Access your medical record via the MyChart Mobile App
  • Receive important health reminders
  • Request prescription renewals, Notify us of changes to your email address, Manage healthcare for your loved ones
Send secure messages to your physician’s office
**50+ Corner**

Social Bridge is held on Fridays from 1-4 p.m. 6 rounds of 4 hands with Chicago style scoring. All are welcome; no reservations or partners needed!

**Bridge High Scores**

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<tbody>
<tr>
<td>Robert (3/4)</td>
<td>4130</td>
<td>Erhard (3/11)</td>
</tr>
<tr>
<td>Jerry S. (3/4)</td>
<td>4090</td>
<td>Judy (3/18)</td>
</tr>
<tr>
<td>Karen (3/11)</td>
<td>5210</td>
<td>Carl (3/18)</td>
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</tbody>
</table>

**Mah Jongg** is held on Wednesdays from 6-8:45 p.m. All games follow the National Mah Jongg League Rules. Tiles and cards are available. All are welcome no reservations or partners needed!

**Mah Jongg High Scores**

**March 2nd**
Darlene B. (80)
Ellie M. (55)

**March 9th**
J. Manzo (105)
Sharon S. (105)

**March 14th**
J. Allen (150)
B. Roth (115)

**March 20th**
Sharon S. (130)
Marilyn O. (105)
Lee County Parks & Recreation requires all rec center members to renew their waiver once a year. You are able to fill out a form and submit it electronically, or can update your information in person at any one of the major recreation centers. **There is no additional cost** to renew your waiver, however be sure to update your waiver by March 31st, 2016 or you may be denied access to the rec centers until it is updated.

If you have questions about your account of this renewal process, please contact Wa-Ke Hatchee at 239-432-2154.

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**Are you interested in a class but don’t want to commit for the whole session? Drop in for a class!** **Drop in fees per class:**

- **Zumba/Zumba Gold** $5
- **Candlelight Yoga** $8
- **Get Fit** $8
- **Yoga** $10
- **Jazzercise** $10

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**TIRED OF WAITING IN LINES?**

**SKIP THEM AND REGISTER ONLINE!**

2. Click on “Online Registration” at the top of the screen in blue.
3. Create an Account or Sign In.
4. Select location (Wa-Ke Hatchee) and click “Search”.
5. Check the shopping cart next to desired activity or check multiple activities.
6. Click “Enroll Now” at the bottom of page & follow further directions.

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Wa-Ke Hatchee Recreation Center * 16760 Bass Road, Fort Myers, FL 33908 * P: (239) 432-2154 * F: (239) 432-2157 * leeparks.org
Ticket Now On Sale

Children's Discovery Garden Gala

3rd Annual Lakes Park Enrichment Foundation Grow The Garden Fundraiser
Sunday, April 17, 2016
At Lakes Park, 4:30 - 7:30

Denny's Restaurant has added a specially created coupon for everyone attending the gala. When you arrive you'll receive your coupon for a "FREE Value Slam Breakfast" OR free child's entree.

Event Sponsors

Denny's
ADA's Natural Foods
FINE MARK National Bank & Trust

Tropical Island Paradise
Beautiful South Sea Resort ...
Captiva Island Florida

WIN !!!
Compliments of Jelly Bean Travel

Choice of any cruise from any Florida port on any ship (up to $800 maximum value). Booked through Jelly Bean Travel and must be booked prior to December 15, 2016.

Music, Food, Park Tours, Live & Silent Auctions, Raffle & Door Prizes

WIN !!!
Resort Stays, Day Cruises, Golf Packages, Dining Certificates, Gift Baskets, Garden Plants And Much! Much! More.

Tickets can be purchased from any Lakes Park Enrichment Foundation member, at our table at the Lakes Park Farmers Market, or by calling 239-533-7575 Ext 5. For more information about Lakes Park and the Foundation go to www.lakespark.org.

Plant Sale

Lakes Park
Last Wed. Each Month
9 - Noon, Nov. - April

Fragrance Garden
FREE Guided Walks
Lee County Parks & Preserves

Spring & Summer 2016 Schedule

PARKS Parking fee $1/hour or $5/day. For any questions, contact the listed phone number.

**Six Mile Cypress Slough Preserve**: Daily 9:30-11 am during April; Wednesdays 9:30-11 am, May-October
Discover the diversity of plants and animals that make this freshwater wetland their home. Registration opens 30 minutes prior at the boardwalk entrance. 239-533-7550

**Caloosahatchee Regional Park**: April 19, May 17; 9-11 am
Explore several natural plant communities, including pine flatwoods, scrub oak and oak hammock. 239-674-0398

**Hickey’s Creek Mitigation Park**: April 5, October 4; 9-11 am
Join an Interpretive Naturalist for an introduction to the exciting birds and native plants of Southwest Florida. 239-229-0240

**Lakes Regional Park**: April 2, May 7, June 4, July 2, August 6, September 3, October 1; 8-9:30 am
Lee County Bird Patrol volunteers identify the abundant bird and wildlife to observe at this park. 239-533-7575

**Lakes Regional Park Botanic Garden**: April 9, May 14, September 10, October 8; 9:30-10:30 am
Join a certified Master Gardener to take a stroll through this impressive botanical garden. 239-533-7575

**San Carlos Bay - Bunche Beach Preserve**: April 4, 11, 18, 25; 9:30-11 am
Learn about the shorebirds and animals of this beach preserve. Wear shoes that can get wet. Parking fee $2/hour. 239-432-2154

CONSERVATION 20/20 PRESERVES Free parking. For any questions, contact 239-204-1125.

**Caloosahatchee Creeks Preserve - East**: May 7, October 1; 9:10:30 am
Experience wetland, oak hammock and pine flatwoods habitat on an ADA-accessible boardwalk and trail. This is a birding hotspot, with the possibility to see hawks, woodpeckers and warblers of all varieties.

**Daniels Preserve at Spanish Creek**: July 2, September 3; 9-10:30 am
Enjoy a nice walk through this upland habitat of pine flatwoods and oak hammocks that include the headwaters of Spanish Creek.

**Galt Preserve**: May 21; 9-10:30 am
Mangrove swamp and mesic flatwoods are the primary plant communities at this preserve. This habitat also supports the gopher tortoise, a threatened species. Additional wildlife sightings may include bobcat, alligator and Bald Eagle.

**Pop Ash Creek Preserve**: June 4; 9-10:30 am
Learn about the wildflowers, plants and wildlife that can be easily observed along the hiking path at this preserve.

**Powell Creek**: August 6; 9-10:30 am
Explore many diverse plant communities, including pop ash trees, buttonbush and Carolina willow.

**Prairie Pines Preserve**: July 16, September 17; 9-10:30 am
Explore the wonders of this large preserve and learn about the plants and animals that call this preserve home.

**Wild Turkey Strand Preserve**: August 20, October 15; 9-10:30 am
This preserve sits atop portions of the former Buckingham Army Air Field. Learn about the U.S. military gunnery training that once took place here during World War II.

*Suggested items to bring include: water, hat, sunscreen, bug spray, camera. Please wear closed-toed shoes. No sandals.*

*Meeting location is the park/preserve parking area. Location addresses may be found online at [www.LeeParks.org](http://www.LeeParks.org).*

*Lee County Parks & Recreation...The Natural Place To Play*

www.leeparks.org
The following programs are open to all Lee County Parks & Recreation members and do not have an additional fee. Please note the scheduled days and times that these programs are offered, as well as age restrictions. As a reminder, an adult must always accompany a child under the age of 13, unless when registered in a program.

**ADULT BASKETBALL (Ages 16+)**
**PICKLEBALL (Ages 13+)**

**VOLLEYBALL (Ages 16+)**
**BADMINTON (Ages 13+)**

**FAMILY OPEN GYM** (No open basketball for adult players without children present. Child(ren) must be under the age of 16).

**TABLE TENNIS (Ages 18+)** This time is geared towards competitive play. There is a separate time geared for beginners, as well as open use in the game room.

**BEGINNER TABLE TENNIS (Ages 16+)**

**MAH JONGG (Ages 50+)**

**BRIDGE (Ages 50+)**

<table>
<thead>
<tr>
<th>APRIL OPEN RECREATION SCHEDULE</th>
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</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
</tr>
<tr>
<td>Adult Basketball               7-8:30 a.m.</td>
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<tr>
<td>Table Tennis                   10 a.m.-2 p.m.</td>
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<tr>
<td>Adult Basketball               11:00 a.m.-2 p.m.</td>
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<tr>
<td>Badminton                      6:30-8:45 p.m.</td>
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<tr>
<td><strong>TUESDAY</strong></td>
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<tr>
<td>Adult Basketball               7-8:30 a.m.</td>
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<tr>
<td>Table Tennis                    11 a.m.-2 p.m.</td>
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<tr>
<td>Pickleball                      11 a.m.-2 p.m.</td>
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<tr>
<td>Volleyball                      6-8:45 p.m.</td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
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<tr>
<td>Adult Basketball               7-8:30 a.m.</td>
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<tr>
<td>Mah Jongg                       6-8:45 p.m.</td>
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<tr>
<td>Beg. Table Tennis               6-8:45 p.m.</td>
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<tr>
<td>Pickleball                      6:30-8:45 p.m.</td>
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<tr>
<td><strong>THURSDAY</strong></td>
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<tr>
<td>Adult Basketball               7-8:30 a.m.</td>
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<tr>
<td>Adult Basketball               11:00 a.m.-2 p.m.</td>
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<tr>
<td>Volleyball                      6-8:45 p.m.</td>
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<tr>
<td>Table Tennis                    6-8:45 p.m.</td>
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<tr>
<td><strong>FRIDAY</strong></td>
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<tr>
<td>Adult Basketball               7-8:30 a.m.</td>
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<tr>
<td>Table Tennis                    10 a.m.-2 p.m.</td>
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<tr>
<td>Bridge                          1-4 p.m.</td>
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<tr>
<td><strong>SATURDAY</strong></td>
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<tr>
<td>Pickleball                      11 a.m.-1 p.m.</td>
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<tr>
<td>Table Tennis                    Noon-3 p.m.</td>
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<tr>
<td>Badminton                       1-4:45 p.m.</td>
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<tr>
<td>Adult Basketball               1-4:45 p.m.</td>
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<tr>
<td><strong>SUNDAY</strong></td>
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<tr>
<td>Table Tennis                    9 a.m.-4:45 p.m.</td>
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<tr>
<td>Pickleball                      9 a.m.-3 p.m.</td>
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<tr>
<td>Adult Basketball               9 a.m.-4:45 p.m.</td>
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<tr>
<td>Family Open Gym                 3-4:45 p.m.</td>
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</table>

*Please note: The programs listed above are offered only during posted open rec times. This schedule is tentative and may change due to school activities and center events. Please contact Wa-Ke Hatchee at 432-2154 for updated schedules.*
**CLASS DESCRIPTIONS**

**Jazzercise ($40/month or $10/class)**  *LO DANCE MIXX:* Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy! Monday, Wednesday and Friday 9-10 a.m. and Saturday 9:30-10:30 a.m.

**STRENGTH 45:** Forge the right, lean body you're looking for while the pulse-pounding playlist distracts you from the burn. Fire up the muscles - all of them - in this 45 minute hard core muscle sculpting strength workout. Tuesday and Thursday 9-9:50 a.m.

**Zumba ($40/month or $5/class)**  Zumba combines high energy, motivating Latin and International music with unique dance moves that create a dynamic, exciting, and effective workout. Monday and Wednesday 5:30–6:20 p.m., Tuesday and Thursday 9–9:50 a.m., and Saturday 9:30–10:20 a.m.

**Zumba Gold ($35/month or $5/class)**  Get grooving' at your own pace. The easy-to-follow program lets you move to the beat at your own speed. It's an invigorating, community-oriented dance/fitness class that feels fresh, and most of all, exhilarating! Zumba gold provides modified, low-impact moves for a healthy, active lifestyle!

**Yoga ($45/month or $10/class)**  In Yoga, the forgotten linking of postures is taught to move from one posture right into the next. There is a cardiovascular component as well as strength, flexibility, and freeing the mind. Monday & Wednesday 6:30-7:30 p.m.  *Add Saturday Yoga 10:30-11:30 a.m. for $15/month!*

**Flow Yoga ($60/month or $10/class)**  In yoga, we connect with and honor our body, mind and spirit. This class will begin with sun salutations and build strength, flexibility, endurance and balance. Please note: The Yoga-AM class is an intermediate flow class that requires previous yoga experience and is offered Monday, Wednesday & Friday 9-10:15 a.m.

**Basic Yoga ($45/month or $10/class)**  This is a progressive yoga class. The class will start by learning the postures and progress to learning how to correctly align to open and work their bodies. We will address and slow down the aging process. Tuesday & Thursday 9-10:15 a.m.

**Gentle Candlelight Yoga ($45/month or $8/class)**  This is a gentle stretch class from which all participants can benefit. The gentle stretching is used to take the stiffness out of joints, gaining flexibility in the spine as well as working on alignment and balance. The meditation portion of this class can be great for those suffering from PTSD; offered Monday, Wednesday, and Friday 8-8:45 a.m.

**“Get Fit” ($45/month or $8/class)**  This class is like having a personal training session. We will open with rhythmic movement to warm up and make sure you start to sweat. Then we will combine the use of light weights and Pilates to strengthen arms, legs, gut and butt. Tuesday & Thursday 8-8:45 a.m.

**Line Dancing ($5/class)**  Come on down and enjoy a night of fun line dancing! Dances include country line dancing, Cha Cha, Rumba, Salsa and much more! Mondays 6:30-8:30p.m.

**Sanchin-Ryu ($30/8wk session)**  Sanchin-Ryu students study in a non-competitive environment, studying sanchin-Ryu’s practical movements and no-nonsense approach in self defense. Special uniforms are not required. Thursdays 6–7 p.m. (Children 4 – 12); 7–8 p.m. (Family); 8–9 p.m. (Adults).

**Tai Chi ($28/4wk session):**  Learn to experience meditation in motion. Gentle, slow rhythmic movements that will aid balance and help maintain flexibility. Tai Chi’s calming effect can also help lower blood pressure and improve respiration. Classes will include Yang Style Tai Chi, Chi Gong, and gentle exercise to enhance flowing movement through your body along with the rooted balance characteristics of Tai Chi. Thursdays at 1 p.m. (Beginners); Wednesdays at 1 p.m. (Intermediate / Advanced).

**SHARE Club Programs:**  Provided by Lee Memorial Health System. Contact: (239) 424-3765

* $10 annual membership required through SHARE Club.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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<th>Fri</th>
<th>Sat</th>
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<tr>
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3 GYM CLOSED FOR BBALL TOURNAMENT

4 FUN DAY $15 Gentle Candlelight Yoga 8-8:45 a.m. Jazzercise 9-10 a.m. Flow Yoga 9:10-15 a.m. Zumba 5:30-6:20 p.m. Yoga 6:30-7:30 p.m. Line Dance 6:30-8:00 p.m. | Get Fit 8-8:45 a.m. Zumba 9-9:50 a.m. Zumba Gold 10-10:45 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. FUNtastic FUNdamentals 3:30-4:30 p.m. Danceography 4:30-5:30 p.m. Tumbling 5:30-6:30 p.m. | Intro to Pickleball 5:30 p.m. Gentle Candlelight Yoga 8-8:45 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. Flow Yoga 9-10:15 a.m. Tai Chi (Int/Adv) 1-2 p.m. Zumba 5:30-6:20 p.m. Yoga 6:30-7:30 p.m. | Get Fit 8-8:45 a.m. Zumba 9-9:50 a.m. Zumba Gold 10-10:45 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. Flow Yoga 9-10:15 a.m. Tai Chi (Int/Adv) 1-2 p.m. Zumba 5:30-6:20 p.m. Yoga 6:30-7:30 p.m. | Gentle Candlelight Yoga 8-8:45 a.m. Jazzercise 9-9:50 a.m. Flow Yoga 9-10:15 a.m. Yoga 9-10:15 a.m. | |

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17 Gentle Candlelight Yoga 8-8:45 a.m. Jazzercise 9-10 a.m. Flow Yoga 9-10:15 a.m. Zumba 5:30-6:20 p.m. Yoga 6:30-7:30 p.m. Line Dance 6:30-8:00 p.m. | Get Fit 8-8:45 a.m. Zumba 9-9:50 a.m. Zumba Gold 10-10:45 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. FUNtastic FUNdamentals 3:30-4:30 p.m. Danceography 4:30-5:30 p.m. Tumbling 5:30-6:30 p.m. | Gentle Candlelight Yoga 8-8:45 a.m. Jazzercise 9-10 a.m. Flow Yoga 9-10:15 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. Tai Chi (Int/Adv) 1-2 p.m. Sanchin-Ryu 6-9 p.m. | Get Fit 8-8:45 a.m. Zumba 9-9:50 a.m. Zumba Gold 10-10:45 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. Tai Chi (Int/Adv) 1-2 p.m. Sanchin-Ryu 6-9 p.m. | Gentle Candlelight Yoga 8-8:45 a.m. Jazzercise 9-10 a.m. Flow Yoga 9-10:15 a.m. Yoga 9-10:15 a.m. | |

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25 Gentle Candlelight Yoga 8-8:45 a.m. | Get Fit 8-8:45 a.m. Zumba 9-9:50 a.m. Zumba Gold 10-10:45 a.m. Basic Yoga 9-10:15 a.m. Jazzercise 9-9:50 a.m. FUNtastic FUNdamentals 3:30-4:30 p.m. Danceography 4:30-5:30 p.m. Tumbling 5:30-6:30 p.m. | Gentle Candlelight Yoga 8-8:45 a.m. Zumba 9-9:50 a.m. Zumba Gold 10-10:45 a.m. Basic Yoga 9-10:15 a.m. Tai Chi (Int/Adv) 1-2 p.m. NO ZUMBA, YOGA | Get Fit 8-8:45 a.m. Basic Yoga 9-9:50 a.m. Jazzercise 9-9:50 a.m. Tai Chi (Beg.) 1-2 p.m. Sanchin-Ryu 6-9 p.m. NO ZUMBA, ZUMBA GOLD | Gentle Candlelight Yoga 8-8:45 a.m. Jazzercise 9-10 a.m. Flow Yoga 9-10:15 a.m. Yoga 9-10:15 a.m. | |

28 Gentle Candlelight Yoga 8-8:45 a.m. | Get Fit 8-8:45 a.m. Basic Yoga 9-9:50 a.m. Jazzercise 9-9:50 a.m. Tai Chi (Beg.) 1-2 p.m. Sanchin-Ryu 6-9 p.m. NO ZUMBA, ZUMBA GOLD | |

April 2016
**Jazzercise - $40 per month or $10 per class**
Monday, Wednesday & Friday 9-10 a.m. (Lo Dance Mixx)
Tuesday & Thursday 9-9:50 a.m. (Strength 45)
Saturday 9:30-10:30 a.m. (Lo Dance Mixx)

**Yoga - $45 per month or $10 per class** (Instructor: Angela Pyles)
Monday & Wednesday 6:30-7:30 p.m.
ADD Saturdays 10:30-11:30 a.m. for $15/month!

**Flow Yoga (Intermediate) - $60 per month or $10 per class**
(Instructor: Connie Caracappa)
Monday, Wednesday & Friday 9-10:15 a.m.

**Basic Yoga - $45 per month or $10 per class**
(Instructor: Connie Caracappa)
Tuesday & Thursday 9-10:15 a.m.

**Gentle Candlelight Yoga - $45 per month or $8 per class**
(Instructor: Connie Caracappa)
Monday, Wednesday & Friday 8-8:45 a.m.

**Get Fit - $45 per month or $8 per class**
Tuesday & Thursday 8-8:45 a.m.

**Zumba - $40 per month or $5 per class**
Monday & Wednesday 5:30-6:20 p.m.,
Tuesday & Thursday 9-9:50 a.m.
Saturday 9:30-10:20 a.m.

**Zumba Gold - $35 per month or $5 per class**
Tuesday & Thursday 10-10:45 a.m.

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**Line Dancing - $5 per class**
Monday 6:30-8 p.m.

**Tai Chi - $28 per 4 week session**
*Note: Next session starts 4/27 & 4/28*
Beginner: Thursday 1-2 p.m.
Intermediate/Advanced: Wednesday 1-2 p.m.

**Let’s Play 50+ - FREE**
Mah Jongg - Wednesdays 6-8:45 p.m.
Bridge - Fridays 1-4 p.m.

**Sanchin-Ryu - $30 per 8 week session**
*Note: Next session runs 4/28 thru 6/16*
Thursday 6-7 p.m. (ages 4-12), 7-8 p.m. (family class), 8-9 p.m. (adults)

**SHARE Club Programs**
Provided by Lee Memorial Health System
Contact: (239) 424-3765

Need more information or have questions?
Visit us at leeparks.org or contact Wa-Ke Hatchee:
Office: (239) 432-2154
Fax: (239) 432-2157
E-Mail: mcoon@leegov.com or dserwin@leegov.com