

**For Immediate Release**  
Contact: Kelly Williamson  
Lee County Parks and Recreation  
(239) 822-5212  
[kwilliamson@leegov.com](mailto:kwilliamson@leegov.com)

## **Fall 2011 PROGRAMS AND EVENTS AT CALOOSAHATCHEE REGIONAL PARK**

Alva, FL

### **Guided Nature Walk**

**Time: 9:00 – 11:00 a.m.**

Saturday, September 17,  
Saturday, October 15,  
Saturday, November 19,  
Saturday, December 17,  
Saturday, January 21,

Join park staff on a stroll through natural plant communities. See firsthand the plants and animals that make southwest Florida so unique. Participants should be able to walk approximately one and a half miles. Please dress appropriately and bring a water bottle. We will meet at the main entrance of the park at 18500 North River Road. This program is free with paid parking. Limit 25 participants. Children must be accompanied by an adult. For more information, please call Laura at (239) 694 - 0398.

### **Preschool Program 3 – 5 yr. olds**

**10:00 – 11:30 a.m.**

Wednesday, September 7,   Topic: Nature Senses  
Wednesday, October 5,    Topic: Butterflies  
Wednesday, November 2,   Topic: Nature Alphabet **NEW PROGRAM!**  
Wednesday, December 7,   Topic: Animal Homes  
Wednesday, January 11,    Topic: Space Cadets

These preschool programs generally include a story, a fun lesson, a hike, a game and a craft. The cost is \$5 per preschooler. A parking fee is required. For more information, please call Kelly at (239) 822 - 5212. Register online at <https://www.leeparks.org> or by calling (239) 533 - 7440.

### **Home School Programs at Caloosahatchee Regional Park**

**2:00 – 4:00 p.m.**

\*Thursday, September 15,   Topic: Wet Walk  
Thursday, October 13,    Topic: Wilderness Survival and Orienteering  
Tuesday, November 17,    Topic: Kayaking: Oxbows and River History  
\*\*Thursday, December 22,   Topic: Space Cadets  
Thursday, January 19,    Topic: Kayaking: Cypress Creek

Age requirements and price varies for each home school program. A parking fee is required. Call Kelly for more information at (239) 822 - 5212. Most home school

programs meet at the campground 19130 North River Road and are held at the lodge.  
Register online at <https://www.leeparks.org> or by calling (239) 533 - 7440

\*This program meets at the main entrance at 18500 North River Road

\*\*This program meets in the evening from 6:00 – 8:00 p.m.

### **Oxbow Kayak Clinic**

**9:00 – 11:00 a.m.**

Tuesday, September 6,

Tuesday, October 11,

Tuesday, November 8,

Tuesday, December 6,

Tuesday, January 10,

Join our guide as we teach the basics on kayaking. This class will introduce you to the basic techniques of paddling and then you will have the opportunity to use your new skills for a guided trip. We will paddle the beautiful oxbow islands of the Caloosahatchee River for a two-hour guided instructional tour. Be prepared to experience nature at its best. The tour is perfect for all ages and abilities. Children under 18 must be accompanied by an adult. All kayaking equipment is provided. Bring your own drink, lunch, sunscreen, binoculars and clothing/shoes that can get wet. We will meet at the campground entrance at 19130 North River Road. \$25 per person. Registration is required. For more information, call Kelly at (239) 822 - 5212. Register online at <https://www.leeparks.org> or by calling (239) 533 - 7440.

### **Cypress Creek Kayak Tour**

**9:00 – 11:00 a.m.**

Tuesday, September 13,

Friday, October 21,

Tuesday, November 15,

Wednesday, December 14,

Tuesday, January 24

This slow-paced paddle is great for all experience levels. All kayak equipment is provided but please bring water, binoculars, appropriate clothing and shoes you don't mind getting wet. Children under 18 must be accompanied by an adult. We will meet at the campground entrance of Caloosahatchee Regional Park at 19130 North River Road. For more information, please call Kelly at (239) 822 – 5212. \$25 per person. Registration is required. To register please call (239) 533 – 7440 or visit [www.leeparks.org](http://www.leeparks.org).

### **Caloosahatchee to Hickey's Creek Kayak Trip**

**9:00 a.m. – 3:00 p.m.**

Tuesday, September 20,

Tuesday, October 25,

Tuesday, November 22

Tuesday, December 20,

Thursday, January 26,

This six-hour kayak trip begins and ends at Caloosahatchee Regional Park campground. Paddlers should be experienced and/or be in good physical condition for a 5 mile roundtrip paddle on the Great Calusa Blueway, which includes Hickey's Creek, one of the area's most scenic waterways. We'll eat lunch and hike at Hickey's Creek Mitigation Park before paddling back. Children under 18 must be accompanied by an adult. All kayaking equipment is provided. Bring your own drink, lunch, sunscreen, binoculars and clothing/shoes that can get wet. We will meet at the campground entrance at 19130 North River Road. \$40 per person. Registration is required. For more information, call Kelly at (239) 822 - 5212. Register online at <https://www.leeparks.org> or by calling (239) 533 - 7440.

**9th Annual River, Roots and Ruts Half Marathon and 2-Person Relay 8:00 a.m.  
5K Fun Run 8:15 a.m.**

Sunday, January 8,

“Have you hugged a root lately?” Registration for the 9th Annual River, Roots and Ruts Trail Run is open! The main event is a 13.1-mile half marathon utilizing both sides of the park: the wide nature trails on the south side and the single lane mountain bike trails on the north side. For those in training for a race or just off one, or for those that may want to experience a little less nature we have a 2-person half-marathon relay, over the same course. For those who feel that 3.1 miles is just the right amount of nature we offer a 5K Fun Run along the wide nature trails on the south side of the park. For more information, fees, or to register, visit <http://www.rrrtrail.com/>.

Caloosahatchee Regional Park is a Lee County park located at 18500 North River Road in Alva, Florida. The park features 768 acres of pine flatwoods, scrub oak, cypress swamps and oak hammocks. Crossing through them, you'll find over 18 miles of hiking, mountain biking and equestrian trails. Primitive camp sites for families and groups are available, along with equestrian sites for people with horses. Kayaking and fishing are available along the banks of the Caloosahatchee River. Find us online at [www.leeparks.org](http://www.leeparks.org).

***Note to media: Flyers attached. Photos available upon request.***

## Fall 2011 Public Programs

For more information, call Kelly at (239) 822 - 5212.  
Register online at [www.leeparks.org](http://www.leeparks.org)  
or by calling (239) 533 - 7440.

## Two-Hour Kayak Tours

9:00 – 11:00 a.m.

### Oxbow Kayak Clinic

Tuesday, September 6  
Tuesday, October 11  
Tuesday, November 8  
Tuesday, December 6  
Tuesday, January 10



Join our guide as we teach the basics on kayaking. This class will introduce you to the basic techniques of paddling and then you will have the opportunity to use your new skills for a guided trip. We will paddle the beautiful oxbow islands of the Caloosahatchee River for a two-hour guided instructional tour. Be prepared to experience nature at its best. The tour is perfect for all ages and abilities. Children under 18 must be accompanied by an adult. All kayaking equipment is provided. Bring your own drink, lunch, sunscreen, binoculars and clothing/shoes that can get wet. We will meet at the campground entrance at 19130 North River Road. \$25 per person. Registration is required.

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Tuesday, September 13  
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## Guided Nature Walk

9:00 – 11:00 a.m.

Saturday, September 17  
Saturday, October 15  
Saturday, November 19  
Saturday, December 17  
Saturday, January 21  
Saturday, February 18  
Saturday, March 17

Join park staff on a stroll through natural plant communities. See firsthand the plants and animals that make southwest Florida so unique. Participants should be able to walk approximately one and a half miles. Please dress appropriately and bring a water bottle. We will meet at the main entrance of the park at 18500 North River Road. This program is free with paid parking. Limit 25 participants. Children must be accompanied by an adult. For more information, please call Laura at (239) 694 - 0398.

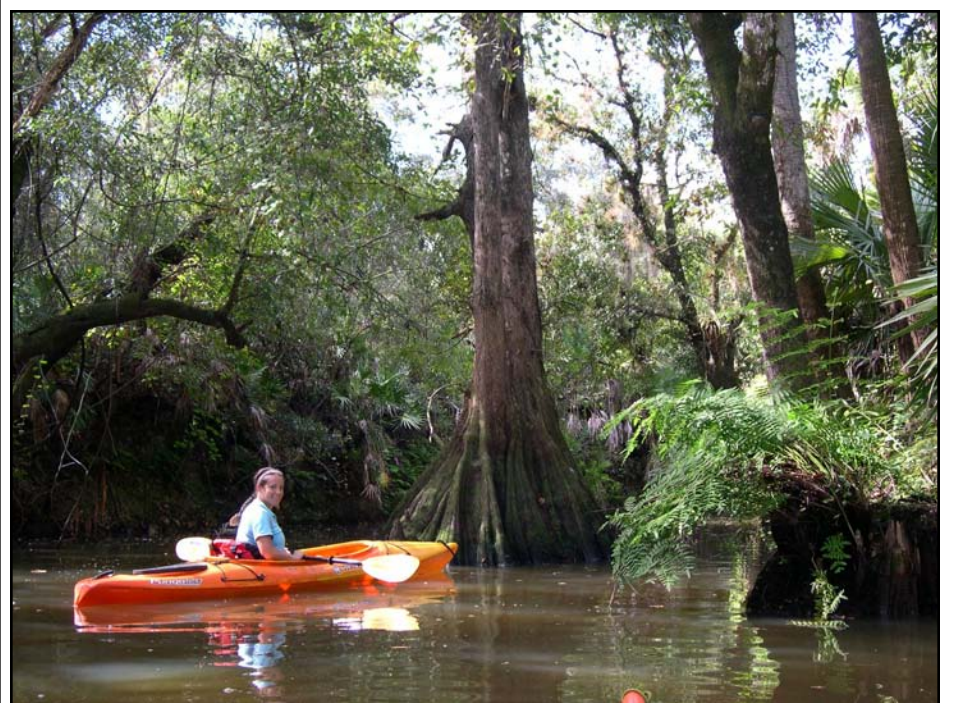
## Six-Hour Kayak Tours

9:00 a.m. – 3:00 p.m.

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## Fall 2011 Kid Programs

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### Preschool Program

10:00 – 11:30 a.m.

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### Home School Programs

2:00 – 4:00 p.m.

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